



**Jericho
Public
Schools**



May 2024

Jericho High School & Middle School Menu

Daily Lunch Offerings:

- Nacho Bar(HS)
- Burritos-(HS)
- Hummus w/pita & asst. fresh veggies
- Yogurt Parfait w/ granola & fruit
- Cheese, Ham(P) , Turkey or Tuna Sandwich/Wrap
- Bagel w/2 RF String Cheese or RF yogurt
- Entrée salads served with a WG dinner roll(s).
- Cheese(V), Pepperoni(P) or Specialty Pizza
- Grilled Cheese
- Hamburger/Cheeseburger
- Spicy Chicken Patty

Student Lunch \$3.15
Adult Lunch \$5.50

**Powering
potential.™**



MON	TUES	WED	THURS	FRI
		1 Cinnamon French Toast Sticks Chicken Sausage Patties Baked Tater Tots Peach Cup	2 Homemade Mac & Cheese(V) Roasted Zucchini Cherry Tomatoes Honey Dew Melon	3 Chipotle BBQ Chicken Meatball Sub Creamy Cole Slaw Orange Wedges
6 Spicy Nashville Chicken Sandwich on Bun Roasted Carrots Pink Grapefruit	7 Egg Roll in a Bowl (shredded cabbage, carrots, chicken strips, duck sauce & tortilla strips served over rice) Red Pepper Strips Apple Slices	8 WG Pancakes with syrup Egg Patties Baked Tater Tots Strawberries	9 WG Penne Pasta with Homemade Meat(B) Sauce or Marinara(V) Garlicky Green Beans Watermelon	10 Max Pizza Sticks(V) with Marinara Sauce Chickpea Salad Granny Smith Apple
13 Burger Bar Hamburger(B) or Veggie Burger(V) (Toppings: Bacon(p), Lettuce, Tomato, Pickles & Onions) Sweet Corn Red Delicious Apple	14 Tropical Chicken Bowl (crunchy chicken tenders with fresh pineapple salsa topped w/ BBQ crema & served over rice) Steamed Carrots Apple Slices	15 *LTO* WG Dutch Waffle Chicken Sausage Patties Baked Tater Tots Strawberries	16 *LTO* Chicken Parmesan Sandwich on a Roll Roasted Broccoli Watermelon	17 *LTO* Pizza Crunchers(V) Chickpea Salad Celery Sticks Orange Wedges
20 Grilled 3 Cheese Sandwich(V) (cheddar, american & swiss) Baked Curly Fries Apple Slices	21 Chicken Carnitas Tacos (spicy chicken, shredded lettuce & cheddar cheese) Creamy Cole Slaw Cantaloupe	22 Cinnamon French Toast Sticks Egg Patties Baked Tater Tots Watermelon	23 Chicken Dumplings served with Vegetable Fried Rice Cherry Tomatoes Green Grapes	24 No School
27 No School	28 Fiery Jalapeno Burger(P) or Veggie Burger(V) Vegetarian Beans Applesauce Cup	29 WG Pancakes with syrup Chicken Sausage Patties Baked Tater Tots Watermelon	30 Homemade Mac & Cheese(V) Roasted Zucchini Cherry Tomatoes Green Grapes	31 Pizza Bagels(V) Caesar Salad Celery Sticks Orange Slices

Menus are subject to change.

Available Daily:

Fresh Fruits & Vegetables: Apples, Oranges, Baby Carrots ,
Celery Sticks, Cucumbers, Cherry Tomatoes
Assorted Drinks:100% Apple Juice,100% Tropical Punch,
1% White Milk, Fat-Free White Milk & Fat Free Choc Milk
Items with a (P) contain pork. Items with a (B) contain beef.
Items with a (V) are vegetarian
WG denotes Whole Grain rich products
*Halal Chicken Nuggets will be offered as a lunch option on 5/8 & 5/22

All Lunches Must
Include Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk

aramark
STUDENT
NUTRITION

This institution is an equal opportunity provider.